

ENJOY THE BEST YEARS OF YOUR LIFE

According to a study published in the New England Journal of Medicine (2018), the most productive age in a man's life is 60 to 70¹.

The second most productive age is between 70 and 80.

The third most productive age is between 50 to 60.

The average age of a Nobel Prize winner is 62.

The average age of a CEO in a Fortune 500 company is 63.

The average age of popes is 76.

The average age of the pastors of the 100 biggest churches in America is 71².

What does this tell us? It seems that the best years of your life are between 60 to 80!

You could do a lot more during these years.

It is when you can do your best work.

In one forum about this study, someone posted, "Is it because 'pattarivu' (knowledge gained by experience) is 1000 times more valuable than padipparivu (knowledge gained by studies)?"³

It could be.

So, if you are between 60 and 70, or 70 and 80, you have the best and second-best years of your life! You have a lot going for you.

As for those of you who are young, do not rush through life but enjoy it as a journey because like a plant, you will bear fruit in the proper season.

When you force a plant to produce fruits before the proper season, its fruits will be bitter, and the plant will die prematurely. But, when you respect the plant's season, its fruits will be sweet and will produce more fruits year after year.

Interestingly, this is true for man. When you force a person to prosper at a very early age, his success will be bitter because it will come at the expense of his health and relationships. But when you allow them to grow according to his abilities and prosper at the right time, his success will be sweet and he will be a blessing to everyone around him.

So enjoy your life as a journey with the Lord and everyone you love.

¹<https://www.theweek.in/columns/shashi-tharoor/2019/12/06/why-we-should-increase-our-retirement-age.html>

²<https://indusladies.com/community/threads/the-most-productive-age-as-per-research.309904/>

³Ibid.