

TRUST THE PROCESS

We often hear this principle used in business and in sports, as people try to achieve their goal and become successful entrepreneurs. Unfortunately, this does not sit well with the ambitious because they feel that following the process will slow them down. So they would spend their days looking for "new and better" ways of doing things so that they can reach their goals faster than those who have gone before them. Unfortunately, more often than not they end up frustrated and depressed when their "new and better" way do not work.

Today, more people are depressed and the incident of suicide continues to increase. These are highest in the age range of 15 to 35 years old, so you see that those affected are getting younger as well. There is also a study that says that the millennials are not real entrepreneurs and that they will not be more successful than the generation before them. Yet, this is the generation that has been looking for "new" ways to get richer and more successful faster.

Whenever we encounter a major challenge during my HP days, I always tell my team to go back to basics. But there were many who would tell me that since the challenge is much bigger than before, we need to find a better way of facing the problem. So we would hire consultants to help us find that better way, but we often ended up doing more for less returns. Ako, I would argue that it was the basics that brought us where we are, so why can't the basics help us to move forward. Whatever problem we may have was just a bigger application of the basics.

So someone asked me, "Is there no way to move faster? Do we always have to just trust the process?" I said, "There is a faster way to do things! And it is to execute every step of the process in an excellent manner." One of the reasons why things slow down is when you have to redo the step because you did not do it well enough. Another reason is when you short-cut or cheat the process you will have to do the whole thing when the shortcut does not work. When things do not move as fast as you want them to, it is because you did not trust the process enough.

In Jeremiah 6:16 the Lord said, "Stand by the ways and see and ask for the ANCIENT paths, where the good way is, and walk in it; and you will find rest for your souls." The word "ancient" does not mean old or primitive. Instead, the Hebrew word "olam" means eternal. It means that the ways of the Lord are true yesterday, today and tomorrow. If you follow them and trust the process you will find rest for your soul.